



See website for supplier list

## Flourish Textile Art Hub Membership - November

What you need to follow my tutorial - Please substitute if needed

- 24cm x 24cm (9.5 inches ) 260gms white cotton canvas
- 24cm x 24cm (9.5 inches) Heavy iron-on interfacing for embroidery
- Wide paint brush for background 7cm, hard bristle brush for mark-making, mop brush for washes
- Artist palette knife and Light moulding paste
- Objects for mark-making - cardboard, bubble wrap anything you can find.
- Seed-heads for mono-printing and inspire embroidery - optional
- Fabric paints: Choose own colours depending on inspiration. I used Moss green 28 light fabrics  
Taupe 879 Opaque, Sky Blue 86 Opaque, Cinnamon 93 opaque
- Thread colours of your own choice depending on your artwork - Rust, light blue and light green  
I also used rust top stitch thread for French knots
- 30cm x 30cm (12 inches x 12 inches) 320gms cotton rag paper for mounting artwork  
- I used Khadi paper
- Hi-Tack craft glue for mounting - make sure its suitable for paper and fabric. I also used a fabric rotary cutter and large set-square for trimming the artwork at the end.

